



LIVINGSTON COUNTY HEALTH DEPARTMENT

2300 East Grand River Avenue, Suite 102

Howell, Michigan 48843-7578

www.lchd.org

12/3/2020

Re: Changes in COVID 19 Quarantine Duration of Close Contacts

As per the [CDC Scientific Brief](#) “Options to Reduce Quarantine For Contacts of Persons with SARS-COV-2 Infection Using Symptom Monitoring and Diagnostic Testing” dated 12/2/2020 and the Michigan Department of Health and Human Services (MDHHS) Michigan Health Alert Network (MIHAN) “Quarantine Options- Michigan” dated 12/3/2020, effective 12/3/2020, LCHD will adopt the following guidelines:

*While the standard fourteen-day quarantine period remains, individuals have an opportunity to reduce that to **ten days** provided:*

- *The individual does not develop any symptoms or clinical evidence of COVID-19 infection during daily symptom monitoring for the 10 days after the last exposure; and,*
- *Daily symptom monitoring continues through day 14 after the last exposure.*

Based on individual assessment, public health may continue to require individuals to quarantine for the full 14 days per existing CDC recommendations. The fourteen day option most greatly mitigates the possibility of post-quarantine transmission and continues to be the strategy with the most evidence for reducing risk to others at present.

Thus, for the majority of close contacts, if the individual meets the above criteria, they can discontinue quarantine after 10 days after the last exposure.

At this time, given MDHHS guidelines and the limitations in local testing capacity, discontinuation of isolation at 7 days with negative COVID-19 test results is not a current option.

Certain vulnerable populations and settings may still require a 14-day quarantine. It is at the discretion of LCHD health officer and/or LCHD medical director to implement a 14-day quarantine when appropriate.

A handwritten signature in black ink, appearing to read 'Juan Marquez'.

Juan Marquez
LCHD Medical Director